




Bristow & King Philip Middle Schools Menu - April 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| 1 Personal Pizza D with or without Pepperoni Spinach Salad Assorted Fresh Fruits & Vegetables | 2 Jamaican Beef Patty or Corn Dog E, D Vegetarian Beans Fruit or Juice Assorted Fresh Fruits & Vegetables | 3 All White Meat Chicken Tenders Dinner Roll Seasoned Potato Wedges Fresh Apple Assorted Fresh Fruits & Vegetables | 4 Nachos Grande Meat and/or Cheese D Lettuce, Salsa & Sour Cream D Steamed Corn Fruit or Juice Assorted Fresh Fruits & Vegetables | 5 Breaded Chicken Filet on a Soft Kaiser Roll or Filet of Fish Sandwich E, D Garden Salad Diced Pears Assorted Fresh Fruits & Vegetables |
| 8  | 9 Spring Recess !!! | | | 12  |
| 15 French Toast Sticks E, D Sausage Patty Sweet Potato Sticks Mixed Fruit Cup Assorted Fresh Fruits & Vegetables | 16 Hot Dog on a Bun Cole Slaw E Seasoned Potato Wedges Fruit or Juice Assorted Fresh Fruits & Vegetables | 17 Turkey & Veggie Stew Biscuit Carrot Sticks Applesauce Assorted Fresh Fruits & Vegetables | 18 Pasta Meat/Meatless Sauce Warm Bread Stick Broccoli Salad E, D Fruit or Juice Assorted Fresh Fruits & Vegetables | 19 Good Friday No School |
| 22 Mozzarella Sticks D Marinara Dipping Sauce Warm Bread Stick Spinach Salad Mixed Berry Cup Assorted Fresh Fruits & Vegetables | 23 All Beef Burger on a Bun with or without Cheese D or Veggie Burger on a Bun Sweet Chipolte Roasted Potatoes Three Bean Salad Fruit or Juice Assorted Fresh Fruits & Vegetables | 24 Chicken & Waffles Sandwich E, D Carrot Coins Fresh Apple Assorted Fresh Fruits & Vegetables | 25 School Made Cheesy Meatloaf Pocket or Veggie Burger on a Bun Seasoned Potato Wedges Vegetarian Beans Assorted Fresh Fruits & Vegetables | 26 BBQ Beef Rib on a Bun D or Corn Dog E, D Celery Sticks w/ Dip Applesauce Assorted Fresh Fruits & Vegetables |
| 29 French Bread Pizza D with or without Pepperoni Three Bean Salad Mixed Fruit Cup Assorted Fresh Fruits & Vegetables | 30 School Made Chili in a Cornbread Bowl Fruit or Juice Assorted Fresh Fruits & Vegetables | Milk Choices offered daily include low fat & fat free unflavored or flavored milk |  FRESH SALAD PLATES AVAILABLE | This institution is an equal opportunity provider |

Food allergy information: All hot meals are peanut and tree nut free and Trans Fat Free; most meals contain soy, wheat and gluten - Please contact Tim Prosinski, Food Service Director at (860)561-6610 to discuss an alternate meal plan for your child. **Key:** D = contains milk/dairy; E = contains egg; ***Menu Subject to Change Without Notice**