

West Hartford Nutrition Services Program – Elementary Schools 2018-2019

Student Meals:		Adult Meals:	
Student Lunch	\$3.00	Hot Entrée w/ side vegetable	\$3.25
Reduced Price	.40	Hot/Cold Sandwich w/ side veg	\$3.25
All meals include choice of main entrée, 2 vegetable choices, fruit choice, and milk.		Salad with Protein	\$4.00
A la Carte Milk	.50	Salad Bar	\$4.00
Second Entrée with meal	\$1.50	Soup with Crackers (alone)	\$2.00
		4 oz Vegetable/ Cup of Fruit	.50
		Fresh Fruit	.75
		Milk	.50

Meal Payment

We encourage prepayment of meals and snacks. The system is convenient and accommodates students who purchase daily or occasionally. You may submit payment to the school cafeteria – please make checks payable to West Hartford Nutrition Services. Or, you may prepay online using a credit or debit card at www.PayPAMS.com. A nominal convenience fee will be charged, and it will take 1-2 days for the funds to be available in the school cafeteria through the PAYPAMS system. All students have a Personal Identification (PIN) number in our system, which is the same as their student ID number.

Nutrition Services will send written notices home with students when their prepaid account has a balance below \$10.00. Please send payment promptly to allow payment to be processed before the account is depleted. Payments should cover at least 20 days of purchases. If you have more than one student at the same school, you may pay with one check – please indicate student(s) names to apply payment to. Also, please tell us if you want your child's account set up for meals only, or for a daily spending limit to allow for meals plus snacks. A la carte snacks and beverages range in price from .50 cents to \$1.25. The majority of snacks and ice cream are .75 cents.

You can now receive E-mail notification of your child's account balance. Go to PayPAMS.com to register for this free service.

Borrowing Policy

If a student's meal account becomes depleted, Nutrition Services will still provide a meal of the student's choice and inform them that they are borrowing money that day to pay for this lunch. Students will not be allowed to borrow for snacks or any a la carte items. **Borrowing will be allowed for no more than 3 days.** The family will be contacted as soon as possible to bring the account up to date.

A la Carte Prices

.50	.75	.75	\$1.00
Milk	Fresh Fruit	Small Baked Chips	16.9 oz Nestle Pure Water
String Cheese	100% Juice Pouch	Baked Cheddar Ruffles	Nature Valley Granola Bar
Vegetable	Orange Juice, 8 oz	Smartfood Popcorn	Low Fat Pop Tart
4 oz Potato/Rice	4 oz Yogurt	Doritos	Spec K Cracker Chips
Cupped Fruit	8 oz Nestle Water	Baked Tostitos	Kettle Popcorn
Sunflower Seeds	Ice Cream Novelty	Cinn Toast Crunch Crisps	Kangaroo Pita Chips
Icy Juicy Pop	Cinnamon Roll	Heartzel Pretzels	Large Baked Chips
Sugar Cookie	Teddy Grahams	Chortles Mini Cookies	
Goldfish Crackers	Cereal Bar	Sunchips Snack Mix	
Baked Cheezits	Soft Pretzel	Fruit Pocket	<u>\$1.25</u>
Animal Crackers			8 oz Yogurt
Raisin Box/ Craisins			
Graham Cracker Squares			
Chocolate Belly Bears			
Baked Cheeze-Its			

** A la Carte Prices are subject to change without notice**