


Hall High School Menu - March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
 On the 4th, 11th & 18th	FRESH SALAD PLATES AVAILABLE			1 Pizza Wedge D Plain or Assorted Toppings Garden Salad Mixed Fruit Cup Assorted Fresh Fruits & Vegetables
4 Mozzarella Sticks D with Marinara Dipping Sauce Garlic Roll Seasoned Green Beans Diced Peaches Assorted Fresh Fruits & Vegetables	5 Popcorn Chicken D Mashed Potato D & Gravy D Dinner Roll Fresh Steamed Broccoli Juice Choice Assorted Fresh Fruits & Vegetables	6 Pasta and Marinara Sauce with or without Meatballs D Shredded Cheese D Garlic Bread Stick Garden Salad Applesauce Assorted Fresh Fruits & Vegetables	7 Street Taco Pork or Chicken Carnita Lettuce, Salsa & Sour Cream D Black Beans Crisp Corn Pear Cup Assorted Fresh Fruits & Vegetables	8 School Made Pizza with Assorted Toppings or Filet of Fish Sandwich E,D Carrot Sticks w/ Dip Mixed Fruit Assorted Fresh Fruits & Vegetables
11 French Bread Pizza D Plain or Assorted Toppings Broccoli Crunch Salad E Assorted Fresh Fruits & Vegetables	12 Mandarin Orange Chicken Steamed Brown Rice Asian Mix Vegetables Fortune Cookie Mandarin Oranges Assorted Fresh Fruits & Vegetables	13 Buffalo Chicken Ranch Flatbread Confetti Corn Salad Juice Choice Assorted Fresh Fruits & Vegetables	14 Nachos Grande with Meat and/or Cheese D Lettuce, Salsa & Sour Cream D Black Beans Crisp Corn Diced Peaches Assorted Fresh Fruits & Vegetables	15 Meatball Grinder D or Filet of Fish Sandwich E,D Seasoned Potato Wedges Vegetarian Beans Assorted Fresh Fruits & Vegetables
18 Mini Cheese Ravioli D,E with Marinara or Pesto Sauce D Garlic Roll Garden Salad Assorted Fresh Fruits & Vegetables	19 Chicken Nuggets Fresh Mashed Potato D & Gravy D Crisp Corn Dinner Roll Applesauce Assorted Fresh Fruits & Vegetables	20 Pasta with Meat/Meatless Sauce Shredded Cheese D Garlic Bread Fresh Steamed Broccoli Diced Peaches Assorted Fresh Fruits & Vegetables	21 Beefburger on a Bun with or without Cheese D or Veggie Burger on a Bun Crinkle Cut Fries Vegetarian Beans Assorted Fresh Fruits & Vegetables	22 Pizza Wedge D Plain or Assorted Toppings or Filet of Fish Sandwich E,D Carrot Sticks w/ Dip Applesauce Assorted Fresh Fruits & Vegetables
25 Cheese Stuffed Shells D,E with Marinara Sauce Garlic Roll or Philly Steak Pinwheel Fresh Roasted Cauliflower Assorted Fresh Fruits & Vegetables	26 Breaded Chicken Filet Plain or Spicy on a Soft Kaiser roll Seasoned Potato Wedges Cherry Tomato & Corn Salad Assorted Fresh Fruits & Vegetables	27 French Toast Sticks E,D Sausage Patty Potato Puffs Roasted Butternut Squash Warm Cinnamon Apples Assorted Fresh Fruits & Vegetables	28 Nachos Grande with Meat and/or Cheese D Lettuce, Salsa & Sour Cream D Black Beans Crisp Corn Applesauce Assorted Fresh Fruits & Vegetables	29 Stuffed Crust Pizza Wedge D Plain or Assorted Toppings or Filet of Fish Sandwich E,D Zucchini Parmesan Bake Assorted Fresh Fruits & Vegetables
This institution is an equal opportunity provider	Milk Choices offered daily include low fat & fat free unflavored or flavored milk		Additional Fresh Fruits & Vegetable choices are offered daily with all meals.	

Food allergy information: All hot meals are peanut and tree nut free and Trans Fat Free; most meals contain soy, wheat and gluten - Please contact Tim Prosinski, Food Service Director at (860)561-6610 to discuss an alternate meal plan for your child. Key: D = contains milk/dairy; E = contains egg; *Menu Subject to Change Without Notice