




Sedgwick Middle School Menu - April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Personal Pizza D with or without Pepperoni Spinach Salad Assorted Fresh Fruits & Vegetables	2 Jamaican Beef Patty or Corn Dog E,D Vegetarian Beans Fruit or Juice Assorted Fresh Fruits & Vegetables	3 All White Meat Chicken Tenders Dinner Roll Roasted Butternut Squash Fresh Apple Assorted Fresh Fruits & Vegetables	4 Nachos Grande Meat and/or Cheese D Lettuce, Salsa & Sour Cream D Steamed Corn Fruit or Juice Assorted Fresh Fruits & Vegetables	5 Breaded Chicken Filet on a Soft Kaiser Roll or Filet of Fish Sandwich E,D Garden Salad Diced Peas Assorted Fresh Fruits & Vegetables
8 	9 Spring Recess !!!			12 
15 French Bread Pizza D with or without Pepperoni Tomato & Cucumber Salad Fresh Apple Assorted Fresh Fruits & Vegetables	16 Hot Dog on a Bun Cole Slaw E Crinkle Cut Fries Vegetarian Beans Fruit or Juice Assorted Fresh Fruits & Vegetables	17 Popcorn Chicken D Dinner Roll Carrot Sticks Applesauce Assorted Fresh Fruits & Vegetables	18 Pasta Meat/Meatless Sauce Warm Bread Stick Broccoli Salad E,D Fruit or Juice Assorted Fresh Fruits & Vegetables	19 Good Friday No School
22 Mozzarella Sticks D Marinara Dipping Sauce Warm Bread Stick Spinach Salad Mixed Berry Cup Assorted Fresh Fruits & Vegetables	23 All Beef Burger on a Bun with or without Cheese D or Veggie Burger on a Bun Potato Puffs Three Bean Salad Fruit or Juice Assorted Fresh Fruits & Vegetables	24 Breaded Chicken Filet on a Soft Kaiser Roll Carrot Coins Fresh Apple Assorted Fresh Fruits & Vegetables	25 Nachos Grande Meat and/or Cheese D Lettuce, Salsa & Sour Cream D Steamed Corn Fruit or Juice Assorted Fresh Fruits & Vegetables	26 BBQ Beef Rib on a Bun D or Corn Dog E,D Celery Sticks w/ Dip Applesauce Assorted Fresh Fruits & Vegetables
29 Personal Pizza D with or without Pepperoni Garden Salad Fresh Orange Assorted Fresh Fruits & Vegetables	30 Baked Potato Bar Taco or Broccoli Topping Cheese Sauce D Salsa & Sour Cream D Dinner Roll Fruit or Juice Assorted Fresh Fruits & Vegetables	Milk Choices offered daily include low fat & fat free unflavored or flavored milk	 FRESH SALAD PLATES AVAILABLE DAILY	This institution is an equal opportunity provider

Food allergy information: All hot meals are peanut and tree nut free and Trans Fat Free; most meals contain soy, wheat and gluten - Please contact Tim Proinski, Food Service Director at (860)561-6610 to discuss an alternate meal plan for your child. **Key:** D = contains milk/dairy; E = contains egg; ***Menu Subject to Change Without Notice**